



## PERSON-CENTERED PLANNING AND SERVICE DELIVERY

### I. PURPOSE

Every home and community-based services program licensed under chapter 245D is required to provide services in response to each person's identified needs, interests, preferences, and desired outcomes as specified in the coordinated service and support plan and the coordinated service and support plan addendum, and in compliance with the requirements of the 245D Home and Community-Based Services (HCBS) Standards.

### II. POLICY

As required in section 245D.07, subdivision 1a of the 245D HCBS Standards, 245D licensed programs must provide services in a manner that supports each person's preferences, daily needs, and activities and accomplishment of the person's personal goals and service outcomes, consistent with the principles of:

#### A. Person-centered service planning and delivery which:

- a. identifies and supports what is important to the person as well as what is important for the person, including preferences for when, how, and by whom direct support service is provided;
- b. uses that information to identify outcomes the person desires; and
- c. respects each person's history, dignity, and cultural background.

#### B. Self-determination that supports and provides:

- a. opportunities for the development and exercise of functional and age-appropriate skills, decision making and choice, personal advocacy, and communication; and
- b. the affirmation and protection of each person's civil and legal rights.

#### C. Providing the most integrated setting and inclusive service delivery that supports, promotes, and allows:

- a. inclusion and participation in the person's community as desired by the person in a manner that enables the person to interact with nondisabled persons to the fullest extent possible and supports the person in developing and maintaining a role as a valued community member;
- b. opportunities for self-sufficiency as well as developing and maintaining social relationships and natural supports; and
- c. a balance between risk and opportunity, meaning the least restrictive supports or interventions necessary are provided in the most integrated settings in the most inclusive manner possible to support the person to engage in activities of the person's own choosing that may otherwise present a risk to the person's health, safety, or rights.