



BRIDGE TO THE FUTURE

Bridge to the Future is a four-week program for youth with disabilities that provides the opportunity to build skills and gain experience for empowerment success.

The program includes both classroom and work experience for participants with the option to learn, explore and identify interest and abilities. Each day, participants will practice and develop the skills they have learned in class at their work experiences.

REFERRALS

For more information visit our website at www.MyMRCI.org or reach us by phone at 507.386.5636.

CONTACT INFORMATION

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CLASSROOM TRAINING

- Boundaries
- Assertiveness
- Goal Setting
- Motivation
- Personal Choices
- Interpersonal Skills
- Professionalism
- Interviewing
- Application and Resume building

WORK EXPERIENCE

- Four days each week
- At least two locations
- Small groups with on-site Training Consultant
- Receive pay for hours worked

ADDITIONAL ACTIVITIES

- One day each week
- Open discussion about experiences
- Team building activities
- Public Transportation Basics
- Basics of Money Management
- Guest Speakers
- Visits to Business

DAILY SCHEDULE

9-11:15 Classroom Training
11:15-11:45 Lunch
11:45-3 Transportation/
Work Experience

Four week sessions, 20 days in each session. Available in the summer months in select locations.

SESSION DATES

Session I: June 14 - July 9, 2021
Offered in Fairmont, Mankato,
New Ulm and south Metro
No class July 5, 2021