



Day Support Services provide the opportunity to gain skills that promote community participation. While receiving quality support, participants are offered opportunities to learn and apply essential life skills such as self-advocacy, independent living, health and wellness, community safety, and social skills.

COMMUNITY-BASED DAY SERVICES



Integrated into the local community, the programs use a variety of community settings to provide daily meaningful, person-centered experiences.

Experiences may include: volunteering for and with other organizations, fitness activities, museums, bowling, fairs, shopping, business tours, outdoor events and so much more.

Our experienced staff provide guidance and support while creating an enjoyable and individualized plan for participants to enhance community access and improve their social skills.

Other benefits include: building community connections, socialization, individualized planning, increased confidence, staying active, and friendships!

PARTICIPANTS HAVE THE OPPORTUNITY TO EXPAND LEARNING THROUGH KEY CONTENT AREAS:

- Money management and budgeting
- Problem solving and conflict solution
- Community access
- Mobility and safety
- Communication
- Self-direction and goal setting
- Personal health and wellness
- Interest-based decision making
- Therapeutic intervention and adaptive skill functioning
- Independent living
- Communication
- Personal self-care
- Socialization
- Positive behavior and mental health support

**SERVICES ARE PROVIDED BETWEEN
9AM AND 3PM**

**MONDAY THROUGH FRIDAY
FULL AND PART TIME OPTIONS
Transportation provided!**

This is a 245D Day Support Service.
Staff to client ratio of 1:4.

CONTACT INFORMATION

METRO

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