



BRIDGE TO THE FUTURE

Bridge to the Future is a four-week program for youth with disabilities that provides the opportunity to build skills and gain experience for empowerment success.

The program includes both classroom and work experience for participants with the option to learn, explore and identify interest and abilities. Each day, participants will practice and develop the skills they have learned in class at their work experiences.

REFERRALS

For more information visit our website at www.MyMRCI.org or reach us by phone at 507-386-5600.



CLASSROOM TRAINING

- Boundaries
- Assertiveness
- Goal Setting
- Motivation
- Personal Choices
- Interpersonal Skills
- Professionalism
- Interviewing
- Application and Resume building

WORK EXPERIENCE

- Four days each week
- At least two locations
- Small groups with on-site Training Consultant
- Receive pay for hours worked

ADDITIONAL ACTIVITIES

- One day each week
- Open discussion about experiences
- Team building activities
- Public Transportation Basics
- Basics of Money Management
- Guest Speakers
- Visits to Business

DAILY SCHEDULE

9-11:15 Classroom Training
 11:15-11:45 Lunch
 11:45-3 Transportation/
 Work Experience
 Four week sessions.

2023 SESSION DATES

Mankato & St.Peter

Session 1: June 5th-June 30th

Session 2: July 10th-August 4th

Metro (Shakopee & Burnsville)

Session 1: June 19th-July 14th

Session 2: July 24th-August 18th

Fairmont Area

Session 1: January 24th-February 17th

Blue Earth High School - Blue Earth, MN

Session 2: April 3rd-28th

United South Central - Wells, MN

New Ulm

Session 1: April 19th-May 17th