



BRIDGE TO THE FUTURE

Bridge to the Future is a four-week program for youth with disabilities that provides the opportunity to build skills and gain experience for empowerment success.

The program includes both classroom and work experience for participants with the option to learn, explore and identify interest and abilities. Each day, participants will practice and develop the skills they have learned in class at their work experiences.

REFERRALS

For more information visit our website at www.MyMRCI.org or reach us by phone at 507-386-5600.

CLASSROOM TRAINING

- Boundaries
- Assertiveness
- Goal Setting
- Motivation
- Personal Choices
- Interpersonal Skills
- Professionalism
- Interviewing
- Application and Resume building

WORK EXPERIENCE

- Four days each week
- At least two locations
- Small groups with on-site Training Consultant
- Receive pay for hours worked

ADDITIONAL ACTIVITIES

- One day each week
- Open discussion about experiences
- Team building activities
- Public Transportation Basics
- Basics of Money Management
- Guest Speakers
- Visits to Business

DAILY SCHEDULE

- 9-11:15 Classroom Training
- 11:15-11:45 Lunch
- 11:45-3 Transportation/
Work Experience

2024 SESSION DATES

Mankato

Session 1: June 3rd – June 28th
(St. Peter)

Session 2: July 8th – August 2nd
(Mankato)

Metro

Session 1: June 17th – July 12th
Session 2 July 22nd – August 16th

New Ulm

April 24th – May 22nd

Dates and services are subject to change per demand.

