



BENEFITS COACHING SERVICES

What is Benefits Coaching?

- Performed by a certified Benefits Coach who has completed the Disability HUB MN Benefits Coaching Training.
- Offered for both VRS and wavier employment services.
- Understand how work and benefits can go together to support your goals, as well as the tools and resources to help you manage your benefits while working.
- Find if there are additional benefits or work incentives you may qualify for.
- Learn about the common myths about working and benefits, and how you can work and may have more money.



Identifying the Need for Benefits Coaching

Is Benefits Coaching needed?

- Is the person getting public benefits?
- Are they interested in working?
- Do they need help understanding how work can help them get ahead?

If yes to any of those questions, then you may be a good candidate for benefits coaching.

Myth: If I stop working, I won't be able to get my benefits back.

Myth: I can't work because of my disability.

Myth: I will lose my SSI/SSDI and health benefits when I start to work.

What to Expect:

- Build a Benefits Planning Team: Make a list of people who help you with benefits planning.
- Start a Benefits Plan: See how benefits planning can help you, how much money you might make if you worked, and what options you might have. Benefits Work Together
- Manage Benefits: Give pointers on how to manage your benefits each month.
- Benefit and Work Estimator: Try a Benefits Estimator to see how a job might affect your benefits, health coverage, and total income.
- Benefit Report: A Benefits Report is easy to read with clear and specific information about what happens to each cash or healthcare benefit depending on the work goal

Note: If more in-depth benefits planning services are needed, our Benefits Coach can start the process by gathering information, then connect you with a certified Community Work Incentive Coordinator (CWIC) or Community Partner Work Incentive Coordinator (CPWIC) Work Incentive Practitioner (WIP) to complete the Benefits Summary and Analysis (BS&A) Report.

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